

AMC 1210 (N95)

## Donning Procedures

1. Hold the respirator in one hand with the nosepiece at your fingertips, pulling the headbands to hang below your hand.
2. Press the respirator against your face with the nosepiece on the bridge of your nose.
3. Place the top band high on the back of your head. Move the bottom band over your head and position it below your ears.
4. Using both hands, mold the nosepiece to shape of your nose.
5. Test the fit. Cup both hands over the respirator and exhale vigorously. If any leakage is detected, readjust the position of the respirator according to steps #2 to #5 till get a better fit.

If you CANNOT achieve a proper fit, DO NOT enter the contaminated area.  
See your supervisor for proper fitting respiratory protection.

